



Date: 08/05/2024

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| 1. July Events |
| <ul style="list-style-type: none"> Pickleball league July 19th TopGun Softball tournament July27th |
| 2. Upcoming Programs/Events |
| <ul style="list-style-type: none"> Teir One Softball Tournament August 10th Top Gun Softball Tournament August 17th |
| 3. Membership Count: |
| <ul style="list-style-type: none"> 534 Active Members |
| 4. Programs: |
| <p>Cardio Step: Monday and Wednesdays 9:00 a.m. – 10:00 a.m.</p> <p>Let's Dance: Mondays 5:30 p.m. – 6:30 p.m.</p> <p>Low Impact: Tuesday and Thursdays 9:00 a.m. – 9:30 a.m.</p> <p>Zumba: Tuesday and Thursdays 10:00 a.m. – 11:00 a.m.</p> <p>Yoga: Tuesday and Thursdays 9:00 a.m. 10:00 a.m.</p> <p>Dance Fitness: Tuesday and Thursdays 5:30 p.m. – 6:30 pm.</p> <p>Line Dancing: Wednesday 5:30 p.m. – 6:30 p.m.</p> <p>Pickleball: Wednesdays 9:00 a.m. – 1 p.m. 6:00 p.m. – 8:00 p.m.</p> |